



## Peng Fong Mok

October 13, 1971 - June 19, 2022

### PENG FONG MOK

October 13, 1971 to June 19, 2022

Born in Singapore on October 13, 1971. Immigrated with his parents, Kelvin Kwong Loun and Rhonda Kha Heng Mok to Edmonton, Alberta, Canada, in 1977.

Raised in Edmonton, Peng attended elementary schools, junior high and Harry Ainlay Senior High School in Edmonton where he graduated in 1989 with an International Baccalaureate Diploma as the school's valedictorian. He attended the University of Alberta and graduated in 1993 with a Bachelor of Science in Electrical Engineering. An outstanding student, he not only earned many awards and scholarships along the way, he also helped many of his fellow students in their studies.

He joined Cisco Systems in 2000, Videxio in 2014 and Pexip in 2018, where his work ethic and performance earned him the respect of his co-workers and customers everywhere.

Peng was an energetic and adventurous man who enjoyed people and travel. He was an endurance athlete who completed numerous marathons and

triathlons worldwide and became an Ironman in 2008 in Wilmington, North Carolina.

One of Peng's favourite pastimes was being with his friends and enjoying a good meal. He loved life. Most of all, he loved his family and all his friends. Peng left the world much too soon. He will be greatly missed by all.

Peng is survived by:

His mother, Rhonda Kha Heng Reece and his beautiful cat, Starbuck.

He was preceded in death by his father, Kelvin Kwong Loun Mok, who passed away on January 29, 2013.

A Celebration of the Life for Peng Fong Mok, will take place simultaneously on Saturday, July 09, 2022 at 3:00 pm (ET)

Renaissance Funeral Home

7615 Six Forks Road, Raleigh, NC 27615

and

Saturday, July 09, 2022 at 1:00 pm (MST)

Central Baptist Church

9419 - 95 Street NW

Edmonton, AB T6C 4K2

In lieu of flowers, donations can be made to the following charities Peng was very passionate about:

- Canadian/ American Cancer Society
- Mental Health Research Canada (MHRC)
- Mental Health Innovations (MHI) USA

- Soroptimist International
- Or any other charity of your choice

In addition, plans are being made to set up a Scholarship in Peng Fong Mok's name in Edmonton, AB, and details will be published as soon as they become available should you wish to contribute.

Thank you for your support.

# Tribute Wall



“ *Full Of Love Bouquet was purchased for the family of Peng Fong Mok.* ”



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July 08, 2022 at 07:15 PM

GJ

“ This is a message from Rhonda, Peng's mother, sent on November 2nd, 2008 to all who knew Peng as she was so proud of him.

*"Hello Everyone:*

*Peng had just called to let us know that he had completed his goal to be an IRONMAN!*

*For the past 2 1/2 to 3 years, he had completed as many as 30 to 40 races, half marathons, marathons, biathlons and triathlons locally in North Carolina, out-of-town competitions in several US States, Victoria 2006 (with Michael) and even the Urkunde, the Berlin Marathon in October 2007, collecting medals and certificates along the way.*

*Early this year, he decided to train for the Ironman in Willminton, SC, on November 01, 2008. After a year of gruelling intense training with a swimming instructor and a gym trainer, regular checkups with his doctor and self-disciplined training sessions every day.....he did it today!! The ironman consists of:*

- 2.4 mile swim,*
- 112 mile biking, and*
- 26.2 mile run*

*Maximum time allowed for the total race is 17 hours. Peng completed the course in 13 hours 40 minutes,*

*Peng is now officially an IRONMAN!!.....Alan and I are very proud." End of Message from Rhonda*

*We are extremely saddened to hear the sad news about Peng. We always admired his personality and his strong devotion to his parents. He had strong goals and aspirations and he achieved more than the average person in his lifetime. We met Peng on many occasions and always admired how smart and friendly he was. He definitely took pride in his family and jobs, set many targets and achieved many goals. Our sincere condolences to Rhonda & Alan*

*and friends. Gary &Lise Jessup*

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**Gary & Lise Jessup** - July 04, 2022 at 06:57 AM

BM

*sthis is such a random post i seen online can someone confirm if peng lived in millwoods back in 1979 by ekota school? i lived with the teske's for a year i remember him playing with us i seen the young memorial picture and it triggered my memory of him*

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**ben mandryk** - February 25 at 07:35 PM

CL

“ *Peng was my colleague at Cisco. A friend introduced us. Peng was such a friendly person and over many years I followed his progress in marathon events. He was amazing! He was a sharp professional! He is in heaven and the sky has one more star!*

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**cristina Lynch** - June 26, 2022 at 11:11 AM

RS

*Peng was a wonderful friend all the years at Cisco and after as well. He could be depended upon for insight and good conversation and was always the professional. The world could use many more like him. I am proud that he was my friend.*

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**Rodger Strother** - June 28, 2022 at 04:00 PM

JM

*Peng was not a close friend of mine, but he was a good friend at Cisco for 10 years and when we chatted occasionally after that. Peng offered a unique blend of kindness, brilliance, humor, and steadfast support, not just to me but to many others who were lucky enough to know him as a colleague and friend.*

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**Jane Mellin** - July 02, 2022 at 03:34 PM

KR

*Our hearts are broken. Our love for you will be forever; our times together will always be cherished. Kind and gentle in every way you brought out the best in all of us. Fun and oh so witty, we loved laughing with you. We are so very grateful our travels took us to North Carolina to share special time with you, a vacation we hold so dear. Spread your wings and fly dear Peng. You will always be with us. We love you.*  
*Aunt Karen ad Uncle Rob*

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**Karen Reece** - July 05, 2022 at 05:34 PM

SB

*A wonderful colleague and friend. So positive and helpful. Sorely missed.*

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**Steve Beckley** - July 09, 2022 at 03:15 PM