



Helen Marie Sewell

March 8, 1920 - December 26, 2016

Helen Marie Sewell, 96 passed away Monday, December 26, 2016 at her home surrounded by her family. She was born March 8, 1920 in Queens, New York to Thomas and Marie (Krejci) Rinsdale.

Helen was predeceased by her husband Thomas Sewell. She is survived by her brother William Rinsdale; children William Sewell, Jeanne Zabudoski, Mary Sewell, June Sewell, Thomas Sewell and James Sewell. Also surviving are her grandchildren; Gregory Zabudoski, Christina Chiappone, Diana Krumm, Emily Zabudoski, Stephen Sewell, and great-grandchildren Austin, Madaline, Avery, Hannah, Savannah Chiappone, Mason, and Zoe Zabudoski. She is also survived by her special friend Dorothy Kavanagh.

During her long life, Helen volunteered her time for many different causes including as a Candy Striper Hospital volunteer, time as a cook for a priest, a rosary maker and a bulletin stuffer.

Services for Helen will be private and burial will take place at Calverton National Cemetery in Calverton, NY. In lieu of flowers for the family, they request donations be considered to Transitions LifeCare at Donations, 250 Hospice Circle, Raleigh, NC 27607, or online at <https://donatenow.networkforgood.org/careintocomfort>

Donations may also be considered to The Alzheimers Association, http://www.alz.org/nc/in_my_community_donate.asp.

Tribute Wall

KA

“ I am so sorry for the loss of your loved one. There is a very comforting scripture at Isaiah 25:8. It says that soon Jehovah will swallow up death forever and that he will wipe away all of the tears. So we can all look forward to a time when death will be no more. I hope that this scripture can bring some true comfort during these difficult times.

kayla - December 30, 2016 at 09:18 PM

JK

“ I will never forget Helen's visit to our water aerobics classes - at first in the water with the help of June or Mary which she totally enjoyed. When that become too difficult she watched from the sidelines. She was always such a joy, remembering us, sharing stories with us. She had a fantastic spirit to share with us and we all appreciated it. We will miss her dearly. June and Mary ALWAYS took superb care of her and most of us commented that we wished when our time will come, our daughters could love us and take care of us as well as she was cared for in her latest years. So I send peace and love to June and Mary and to all of her family at this difficult time.

Jane Kopczynski - December 28, 2016 at 10:45 AM

JM

“ *Our sincerest condolences on Mom's passing. We regret that we will not be able to attend services for her, as we are out of town until after the New Year.*

Keeping you all in our thoughts and prayers.

Sincerely,

Joanna and Larry Migliore

Joanna and Larry Migliore - December 27, 2016 at 07:16 PM