



Cynthia (Cyndi) Abbott

March 8, 1956 - December 25, 2022

Cynthia (Cyndi) Parry Abbott passed away unexpectedly on Sunday, December 25th, surrounded by her family. Cyndi loved Christmas. We are saddened that she died on her favorite day.

She is survived by her loving husband of 44 years, Donald (Don) Abbott; son, Dan Abbott (Teresa Petro); daughter, Kristen Shelton (James Shelton); grandsons, Forrest and Hunter Shelton; mother, Mary Kuzas; stepfather, Ed Kuzas; brother, Richard Parry (Vicki Parry); niece, Rachel Parry; nephews, Richard Parry III (Kimberly Parry); William (Randy) Parry (Deirdre Parry), along with four grand-nieces and one grand-nephew, as well as many loving cousins, step-sisters and step-brothers.

Cyndi was born on March 8, 1956 in Washington DC; she grew up in the area and lived there until she moved to North Carolina in 2014. Cyndi worked in the field of nutrition as a registered dietitian/licensed nutritionist for 40 years. She retired from Duke University Hospital in 2019 as a certified diabetes educator.

Cyndi had a green thumb and a love for flowers and plants. She enjoyed running and long walks, and she had a passion for the natural world and animals. She was a nurturer at heart and showed so much love for her family, friends, and wonderful neighbors. Cyndi enjoyed playing with her grandsons and was looking forward to the arrival of her granddaughter in 2023.

In honor of her wishes, we will not be holding a funeral. A celebration of life will take place in the spring at St Patrick's Catholic Church in Rockville, MD. In lieu of flowers, donations in her name can be made to the National Wildlife Federation here: <https://rb.gy/shis0x>.

Tribute Wall

KW

“ We were all so sad to hear of Cyndi's passing. She was a sweet person who cared so much about others and especially her family. God bless her and all of her family.

Kate Wood - February 16, 2023 at 05:36 PM

LF

“ Cyndi was always so kind, thoughtful and enjoyable to be with! Cyndi cared deeply about others and always had such a positive outlook! I'm so grateful for the wonderful times we shared while our neighborhood children grew up together!

My caring thoughts and condolences to Cyndi's family whom she loved dearly! Cyndi will be greatly missed!

With Love,

Lauren, Ralph, Elyssa and Emily

Lauren Freedman - January 01, 2023 at 10:53 PM

LC

“ I will miss Cyndi. We were neighbors and friends for 8 years. I miss our neighborhood walks and our calm conversations. She was a very delightful person who always had a smile.

Lisa Coppola - January 01, 2023 at 06:13 PM

TE

“*Cyndi was an angel on earth. I have so many happy memories with her, but one of my favorites was how much love and joy she showed on mine and Dan’s wedding day. She welcomed me into the family and showed me so much kindness and never ending support. I am so thankful for the time we had together: celebrating holidays, going on walks, chatting together, being a part of one another’s everyday life, sharing books and ideas, and eating meals with one another. She is gone too soon, but she will always be with us.*”



Teresa - December 31, 2022 at 08:52 PM