



Craig Howison Sours

June 14, 1950 - January 10, 2021

Craig Howison Sours, age 70, passed away peacefully at Transitions LifeCare Hospice Home after a long and valiant battle with vascular dementia.

Born in Richmond, Virginia on June 14, 1950, Craig was the son of Charles Lewis Sours and Helen Briggs Sours, both of whom preceded him in death. Craig grew up in Annandale, Virginia and was a 1968 graduate of Annandale High School, where he was active in student government and was a member of the wrestling and football teams. In 2019, Craig was honored to be inducted into the Annandale Athletics Hall of Fame along with the other players from the 1967 state champion football team. As he regularly reminded folks, they were ranked third in the nation that year. Craig graduated from the University of Virginia in 1973 and went on to enjoy a successful career in technology sales. He retired from Hewlett Packard in 2009 and, while his health permitted, spent his retirement years participating in church activities, enjoying various continuing education classes and walking with his dog, Nick. Craig was a devoted member of St. Paul's Episcopal Church in Cary.

Survivors include his wife of thirty years, Paula Barnes Sours; his son, Austin C. Sours and his wife, Kristin, and their daughter, Addison, of Woodstock, Maryland; a brother, Dr. Charles L. Sours and his wife, Barbara, of Fairfax Station, Virginia; a sister, Dr. Elaine K. Sours of Manassas, Virginia; and many other extended family and long-time friends.

Craig's ashes will be inurned in the columbarium at St. Paul's Episcopal Church at an appropriate time in 2021. The family hopes to hold a celebration of Craig's life when gathering in fellowship is safe again. Memorial gifts may be sent to St. Paul's Episcopal Church (221 Union St., Cary, NC 27511 or online at <https://www.stpaulscary.org>), Transitions LifeCare (250 Hospice Circle, Raleigh, NC 27607 or online at <https://transitionslifecare.org>), or to the charity of your choice.

Comments



“ Our mothers met in San Francisco while waiting for their husbands to return from the war. They became life-long friends, so naturally our families became close with regular home and Rehoboth Beach visits. We five kids always had fun times together! I remember how noble Craig was to offer to drive me from his home to Rehoboth Beach (about a five-hour roundtrip) because my AFS bus chaperone job had concluded in D.C. and I was without any transportation. We shared a great one-on-one meaningfully long conversation. That was Craig for you!!! To note, Craig's Christmas letters were a true treat as he laced his family's stories with just wonderfully wry humor. Deepest sympathy to Paula and family....

Judy Barker - February 04, 2021 at 05:56 PM



“ I'm so sorry that we have lost Craig. As I read the tributes to him, the common theme was that he was kind and generous. What better way to be remembered. Craig and I go back to junior high at Poe. We continued our friendship in high school in student government and then as adults in planning various AHS reunions. He was a centerpiece in the planning and execution of those gatherings and took such pleasure in reminiscing with everyone. We will all miss him but he'll be held in our memories and hearts for a long time. Joan Gardner Parris

Joan Parris - January 19, 2021 at 10:53 AM



“ Craig was always a gentleman, & a great leader for the class of 68'. Craig will be missed.

Gail (Greever) Kent - January 17, 2021 at 01:49 PM



“ Paula, I remember first meeting Craig at the shower thrown by Zion Church, just after your marriage. I remember thinking what a good man you had met and I saw true adoration of you in his eyes. I send love and prayers from Essie Woods and family, Jerry Butler and me.

Beth Staton - January 16, 2021 at 05:26 PM



“ 2 files added to the album Memories Album



Mary LaMantia - January 16, 2021 at 03:43 PM



“ Paula, my love and sympathy to you and the family! Blonnie B. Johnson



Blonnie B. Johnson - January 16, 2021 at 11:31 AM



“ I met Craig in 7th grade, and over the years through high school we shared many classes together. He was a fun loving and gentle soul, someone you wanted to have as a friend. I'm thankful that we were able to reconnect at reunions. Sending my prayers for peace and comfort to Paula and the family.

Wendy Davis - January 16, 2021 at 11:04 AM



“ Craig and I used to stand in our backyards and laugh at our dogs playing together. I wish I had made a video of Nik Nik allowing Gabbie to climb all over him. Craig was such a gentleman and kind to everyone. He is certainly in heaven. May memories of Craig bring you peace, Paula.

Ginger Gabele - January 16, 2021 at 09:26 AM



“ Craig and I go all the way back to Elementary School in North Springfield, VA, when we were playmates. In 2018, at our 50th High School Reunion, I reminded Craig of this. Craig not only remembered our play days in the 1950s, but commented that my mother had been a wonderful hostess, often providing cookies and milk to my guests. I was touched. Craig’s recollection reflected his soft-spoken graciousness and kindness.

I am sorry at his passing and offer my condolences to the family.

David Adamson

David Adamson - January 15, 2021 at 07:40 PM



“ I also started elementary school with Craig. My father and Craig's were also friends. Craig was a fine man and was always such a kind soul. I'm so glad that after many years we were able to find long lost friends in our later years. My late brother George was also friends with Craig and played for Woodson. RIP my friend. My thoughts and prayers are with your entire family.

Paula Tulli-Buckley - January 15, 2021 at 01:41 PM



“ This saddens me. Craig was a true gentleman and one of the best, a good guy and kind man in his younger years. He was a shining light at Annandale High School, giving an example of what was good and right in High School. My condolences to his family. May the peace of God embrace you all.

DanaBeth Wells-Goodwin, AHS 1968 - January 15, 2021 at 01:35 PM



“ I am so glad My oldest daughter and I went to the class reunion down in D.C. as well as a previous one at that Country club which was attended bey my old man and me. You were a great example of a good guy and I hope your family will continue being supported by friends....! May Craig rest in peace!



Christine Loveridge Schaeffer - January 15, 2021 at 01:05 PM



“ I met Craig in first grade, which was held in a new home in North Springfield on Axton Street, as North Springfield School was not yet completed. He was athletic and very kind. I found myself on the other end of a tug-of-war rope with him, who could have pulled me across with one hand without breaking a sweat. I was heartened by his generous smile as he allowed me to pull him forward. I've had that 'picture' of Craig in my mind since the day it happened in 1956.

I pray God will sustain Craig's family in this time of grief, and by the memories of a life well-lived by this good man.

Michael Holmes - January 15, 2021 at 11:58 AM